



WAKE COUNTY 4-H TEEN COUNCIL PRESENTS THE 4TH ANNUAL...

WALK FOR MENTAL HEALTH



Wake County to benefit NAMI Wake County

Join Us in Taking Steps Towards Mental Health Awareness:
A Community Walk to Empower, Educate, and End the Stigma

Walk with us!

Date: Saturday, October 5th

Time: 11:00AM - 1:00PM

Location: Lake Crabtree
County Park, start at
Dogwood Shelter



Click or Scan
to **REGISTER**
NOW!

Questions?
4H@wake.gov



**NC COOPERATIVE
EXTENSION**